

**World Breathing Day – Activities – as of Tuesday April 9, 2019**

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**World Breathing Day**

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Location:

**België, Sint-Pieters-Leeuw**

Date and time:

1/8/2019, from 7:00 PM to 10:00 PM

Event description:

test - Ademcirkel -  
Breathing circle

Organizer: Geert De Vleminck

Contact: +32468197121

More info: [www.deademcirkel.be](http://www.deademcirkel.be)

**World Breathing Day**

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Location:

**Spain, LA ELIANA, Centro Luz**

Date and time:

4/11/2019, from 12:00 PM to 8:00 PM

Event description:

**RESPIRO Y ATRAIGO ABUNDANCIA -**

Desde 2006 venimos organizando el DIA MUNDIAL DE LA RESPIRACIÓN en Valencia. Cada año es una nueva y variada experiencia. Todas las edades, razas, sexos, orientaciones son bienvenid@s!!!

Organizer: Eva Molina

Contact: [Tbrspaincv@gmail.com](mailto:Tbrspaincv@gmail.com)

**World Breathing Day**

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Location:

**Denmark, Online on the world wide web**

Date and time:

5/11/2019, from 7:00 PM to 9:30 PM

Event description:

Online Group Breathwork -

An online group breathwork to honor and celebrate the breath in all its forms

Organizer: Geoffrey Smith

Contact: +45 53 63 98 88

More info: <https://zoom.us/meeting/register/a6fa7f56030ae617cde7dc3c8da9331e>

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Italy, Tuscany**

- Connecting Globally origin (51 countries where we have programs & leaders)

Date and time:

4/11/2019, from 3:00 PM to 3:45 PM

Event description:

Networking with leaders and groups via internet and Breathing together

Organizer: Judith Kravitz

Contact: judithkravitz2000@gmail

More info: to be provided

**World Breathing Day**

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Location:

**Online event**

Date and time:

4/11/2019, from 8:00 PM to 9:15 PM

Event description:

MEET 2 BREATHE ONLINE at 8 pm Paris time. <https://zoom.us/j/2473917314>

Organizer: ALICIA VELAZQUEZ BERUMEN

Contact: ALISHAVELBER@GMAIL.COM

More info: <https://zoom.us/j/2473917314>

## **World Breathing Day**

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Location:

**Belgium, Mechelen**

Date and time:

4/11/2019, from 8:00 PM to 10:30 PM

Event description:

World Breath Day breathing session -  
Please join this World Breathing Day event.

We will breathe together with others around the globe.  
Transformational Breath will be the method of choice.

Join me to oxygenate your body, clear your mental and emotional bodies, and  
strengthen your connection with spirit.

Where:

Locomotiefstraat 121 bus 3  
2800 Mechelen  
10 Euro entrance

Organizer: Marcel Gerrits

Contact: +32489691990

**World Breathing Day**

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Location:

**Australia, Sydney**

Date and time:

3/30/2019, from 2:00 PM to 5:00 PM

Event description:

Conscious Breathing Workshop -  
Breath is Health!

Organizer: Ghislaine Bouskila

Contact: [ghislaine@harmoniekinesiology.com](mailto:ghislaine@harmoniekinesiology.com)

More info: <https://www.harmoniekinesiology.com/events/march-conscious-breathing-workshop>



## World Breathing Day Activities

### **World Breathing Day**

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Location:

**United States, Online**

Date and time:

4/11/2019, from 7:00 PM to 7:15 PM

Event description:

World Breathing Day- April 11th Free Call

Organizer: Rosanna M. Lo Meo

Contact: [rosanna@newbeginningswithrosanna.com](mailto:rosanna@newbeginningswithrosanna.com)

## **World Breathing Day**

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Location:

**Germany / Deutschland, Düsseldorf, Praxis am Zoo**

Date and time:

4/11/2019, from 7:30 PM to 9:00 PM

Event description:

Offener Abend zum Weltatemtag -

Einladung zum Weltatemtag - Vereinter Atem, vereinte Welt

Organizer: Elisabeth Schlenkhoff

Contact: [info@atmendesherz.de](mailto:info@atmendesherz.de)

More info: [www.atmendesherz.de](http://www.atmendesherz.de)



**World Breathing Day**

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Location:

**United States , Pescadero, California**

Date and time:

4/11/2019, from 5:00 PM to 11:00 PM

Event description:

The Mushroom Farm Private World Breathing Day Party -

This is a private event celebrating the World Breathing Day! Contact Rabia for information if you are in the Santa Cruz or Bay area and have interest in Breathwork or are a Breathworker or healer that uses conscious breathwork in your practice. We are seeking to bring the breathwork community closer together in the area.

Organizer: Rabia Hayek

Contact: [rabia@omnibreath.com](mailto:rabia@omnibreath.com)

**World Breathing Day**

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Location:

**België, Sint-Pieters-Leeuw - Coloma Kasteel**

Date and time:

4/2/2019, from 7:30 PM to 10:30 PM

Event description:

Breathing Circle - Conscious Connected Breathing - Group Session

Organizer: Geert De Vleminck

Contact: geert.de.vleminck1@telenet.be

More info: <http://www.deademcirkel.be/>

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Canada, Victoria, BC**

Date and time:

4/11/2019, from to 11:00 AM

Event description:

World Breathing Day -

We will bring the practice of conscious breathing into our meditation

Organizer: Christine Glenn

Contact: [lcg202@shaw.ca](mailto:lcg202@shaw.ca)

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**United States, Fayetteville NC 28301**

Cross Creek Linear park on Green st Fayetteville NC 28301

Date and time:

4/11/2019, from 11:00 AM to 12:00 AM

Event description:

Meditation @ the Fountain -

Meditation & BreathWork into OneNess #PeacefulFAY

Cross Creek Linear park on Green st Fayetteville NC 28301

Organizer: Claudia Zamora

Contact: 910-568-5022

More info: [www.tarotbyclaudia.com](http://www.tarotbyclaudia.com)



## World Breathing Day Activities

### World Breathing Day

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Location:

**USA, San Luis Obispo, CA**

Date and time:

4/11/2019, from 6:30 PM to 8:00 PM

Event description:

World Breathe Day: Deep Breathwork Meditation -

In celebration of International Breath Day, we're hosting a special Breath Event for SLO's wellness community.

Experience the deep, cleansing work of an active meditation combined with Yoga Nidra and drift off to bliss. Come in comfortable clothes and bring a blanket, this is going to get deep.

Organizer: Michaela

Contact: [info@expandbreathe.com](mailto:info@expandbreathe.com)

More info: <https://www.pilatescollectiveslo.com/events>



## **World Breathing Day**

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Location:

**United States, Severna Park**

Date and time:

4/11/2019, from 6:30 PM to 9:00 PM

Event description:

Electric Breath & Violin Ensemble -

Join Erin Bishop & Sage Rader for an evening of breathwork & electric violin as we celebrate World Breathing Day on Thursday, April 11th at Mantra Fit in Severna Park. A compilation of electronic beats, conscious breathwork and a community gathering to promote body, mind and heart awareness through the hidden power of breath.

We all breathe, and we all breathe the same air; yet rarely do we stop to acknowledge how fundamentally important our breath is, or how it connects us to our planet and to each other beyond our differences. An international day dedicated to breath will help reconnect us to this reality, and by doing so, will enhance, inspire and promote peace, health and well-being worldwide, for humanity and the Earth.

World Breathing Day is a project of the International Breathwork Foundation (IBF). "The purpose of the IBF is to promote a heart-centered approach to breathwork, its theory and practice, for the expansion of consciousness and for personal and global transformation.

Organizer: Erin Bishop

Contact: 2403041969

More info: [electricbreathandviolin.eventbrite.com](http://electricbreathandviolin.eventbrite.com)





## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Switzerland, Zürich**

Date and time:

4/11/2019, from 11:00 AM to 12:00 AM

Event description:

World Breathing Day Celebration

Organizer: Blanca Maria Müller Lagunez

Contact: +41 78 404 19 31 [plumafina@gmail.com](mailto:plumafina@gmail.com)

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Türkiye, İstanbul**

Date and time:

4/11/2019, from 19:00 PM to 21:00 PM

Event description:

Nefes Grup Çalışması

BREATHING SESSION

Organizer: Ayça Tülüce

Contact: [ayca.tuluce@gmail.com](mailto:ayca.tuluce@gmail.com), 05325413933

## World Breathing Day

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Location:

**Spain, Costa Brava**

Playa de Castell (Palamos)

Date and time:

14 april 2019, from 10:00 AM to 13:30 PM

Event description:

Jornada especial de celebración a la vida, con respiración, movimientos y risa

Organizer: Veronique Batter and Anamaria Berbel

Contact: [vero@redilimitada.com](mailto:vero@redilimitada.com) - 619 91 48 53

Día Mundial de la  
**Respiración**

"Una Respiración, Un Mundo"  
- 11 DE ABRIL -

**RESPIRA LA VIDA**

Aprovecharemos el Día Mundial de la Respiración para honrar y celebrar la Vida que fluye en nosotros.  
Jornada especial para compartir, bailar, reír y recordar que en la Vida somos Uno.

**DOMINGO 14 DE ABRIL 2019**  
Playa de Castell, Palamós - 10:00 a 13:30  
Baile, Risa, Respiración y Celebración Consciente

con Ana Maria Berbel y Véronique Batter  
participación 15 euros  
inscripciones: +34 619 91 48 53 o +34 659 83 67 50

veroniquebatter.com - anamariaberbel.blogspot.com

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Mexico, ONLINE**

Date and time:

04/11/2019, from 10:00 AM to 11:00 AM

Event description:

Transformational Breath® Session coordinated worldwide via zoom meeting.

Organizer: Laura Altamira

Contact: 5216243554596 - [laura@respiremos.org](mailto:laura@respiremos.org)

More info:

<https://respiremos.secure.retreat.guru/program/world-breathing-day-online-session/?lang=en>

**World Breathing Day**

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Location:

**österreich,**

Praxis Atemundmehr, Maurach 6212

Date and time:

04/11/2019, from 7:00 PM to 8:30 PM

Event description:

together one breath -

Verbundener Atem, gemeinsam erleben, tief entspannen

Organizer: Andrea Strübl

Contact: [entspannt@andrea-struebl.at](mailto:entspannt@andrea-struebl.at)

More info: [www.andrea-struebl.at](http://www.andrea-struebl.at)

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Ukraine, Kiev**

Date and time:

4/14/2019, from 10:00 AM to 4:00 PM

Event description:

Conscious Breathing Group -  
F2F Conscious Breathing work group

Organizer: Marina Mishina

Contact: 380673180047 - marta\_ndk@yahoo.com

More info:

## **World Breathing Day**

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Location:

**Denmark, Copenhagen**

Date and time:

04/11/2019, from 6:00 PM to 7:30 PM

Event description:

Breathing for Optimal Energy and Focus -  
Celebrating the Power and Potential of Breathwork in cooperation with Danish  
Biohacker Community

Organizer: Elizabeth Rankich

Contact: [elizabeth@hellobreathing.com](mailto:elizabeth@hellobreathing.com)

More info:

<https://www.meetup.com/Danish-Biohacker-Community/events/259014001/?fbclid=IwAR0u6EmvitUrLVdNEHxWVh2WjIHs1nYwNTK1yMK2moFiaR-iPfWEnqxxvh8>

**World Breathing Day**

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Location:

**Gabon, Libreville nzeng ayong**

Date and time:

04/11/2019, from 10:10 AM to 2:00 PM

Event description:

Praticien tbr -

Présentation de IBF, de l'événement, de la respiration consciente et exercice pratique de tbr, partage et fin

Organizer: Nang eko Dieudonné

Contact: 24107788797

More info:



## **World Breathing Day**

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Location:

**Lebanon, Beirut**

Soul Spa

Date and time:

04/10/2019, from 7:30 PM to 9:00 PM

Event description:

World Breathing Day-Eve -

Invited breathers, breathworkers and all interested in Breathwork to spend an evening of sharing, breathing, informing, celebrating and a warm cuppa together.

Organizer: Rebirthinglebanon.com

Contact: 9613978728

More info: <https://www.facebook.com/events/1231631493656504/?ti=as>

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Lebanon**

Jeeta Country Club, Lebanon

Date and time:

04/11/2019, from 7:00 PM to 8:30 PM

Event description:

World Breathing Day -

Share about IBF and the importance of Breath

Organizer: Rebirthinglebanon

Contact: 9613978728

More info: <https://search.google.com/local/posts?q=Sam+Reda+-+Rebirthing+Breathwork&ludocid=13959483765317625066&lpsid=5075708059164868440&source=sh/x/localposts>

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Austria, Vienna**

Center Cervantes, Cervantesgasse 5/5, 1140 Wien

Date and time:

04/11/2019, from 6:00 PM to 7:00 PM

Event description:

Atemkreis -

Breathing Circle with online connection

Organizer: Wilfried Ehrmann

Contact: 0664 3123632

More info:

## **World Breathing Day**

---

Location:

**Türkiye, Ankara**

Date and time:

04/11/2019, from 7:00 PM to 9:00 PM

Event description:

Conscious Breathing Awareness/ World Breathing Day -

It is a two-hours free event. It is announced to public by the art center of one of the big malls in the city Panora Mall.

It includes an awareness talk by our founder Burcu Hatipođlu and 15 minutes conscious breathing experience and guided meditation.

Th

Organizer: Nefes ve Yasam Akademisi

Contact: nefesmucizesi@hotmail.com

More info:

[https://www.instagram.com/nefesveyasamakademisi/p/Bv9w72YA4k6/?utm\\_source=ig\\_share\\_sheet&igshid=1up6nfcjvdy7r](https://www.instagram.com/nefesveyasamakademisi/p/Bv9w72YA4k6/?utm_source=ig_share_sheet&igshid=1up6nfcjvdy7r)

## World Breathing Day Activities

### World Breathing Day

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Location:

**Türkiye, Ankara / Kagem**  
( Woman Family and Youth Center)

Date and time:

04/11/2019, from 2:00 PM to 4:00 PM

Event description:

Breathing is Life /World Breathing Day -

It is a two-hours free event. It is announced to public by the 'Woman Family and Youth Center'.

It includes an awareness talk by our founder Burcu Hatipoğlu and 15 minutes conscious breathing experience and guided meditation.

The short breathing session w

Organizer: Nefes Ve Yasam Akademisi

Contact: nefesmucizesi@hotmail.com

More info:



## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Türkiye, Mugla –Datça**

/ Art and Theatre Centre

Date and time:

04/11/2019, from 11:30 AM to 1:00 PM

Event description:

World Breathing Day -

An awareness talk about conscious breathing and a short breathing session followed by a guided meditation.

By one of the Nefes ve Yasam Akademisi trainers.

Organizer: Nefes ve Yasam Akademisi

Contact: nefesmucizesi@hotmail.com

More info:

**World Breathing Day**

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Location:

**United States, Edisto island**

Date and time:

04/11/2019, from 11:00 AM to 12:00 PM

Event description:

Just Breathe -

May we come together to celebrate the power of breath. We all breathe the same air: yet rarely do we stop to acknowledge how fundamentally important our breath is, or how it connects us to our planet and to each other beyond our differences. In our time t

Organizer: Suzi Elledge

Contact: [suzi@highestsouself.com](mailto:suzi@highestsouself.com)

More info: [www.highestsouself.com](http://www.highestsouself.com)

## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Canada, Nelson, BC**

Moving Centre, 533 Baker St.

Date and time:

04/11/2019, from 7:30 PM to 10:00 PM

Event description:

World Breathing Day ~ Conscious Breath Circle -

Happy Spring! Once a year people all over the planet celebrate conscious breathing on April 11th - and participate in multiple breath circles organized through the International Breathwork Foundation. It feels powerful to connect inwardly and globally in

Organizer: JoAnn Lowell

Contact: [joannlowell@gmail.com](mailto:joannlowell@gmail.com)

More info:



## World Breathing Day Activities

### **World Breathing Day**

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Location:

**Uk, Bath**

Date and time:

11/04/2019, from 7:00 PM to 9:00 PM

Event description:

Monthly breathwork -  
Group rebirthing session

Organizer: Ruth

Contact: [Breathingforwellbeing.co.uk](http://Breathingforwellbeing.co.uk)

More info:

**World Breathing Day – Activities – as of Tuesday 09 April 2019**

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Location:

**Thailand, Koh Phangan**

Pyramid Yoga Center

Pyramid Yoga, Haad Salad: <https://goo.gl/maps/VBhsiGUHPMR2>

Date and time:

11/04/2019, from 2:00 PM to 5:00 PM

Event description:

Rebirthing Breathwork

You will be guided by three experienced and professional Breathworkers, Edward Matthews, Prema Julia and Gal UR Atar through a deep transformational journey, by the power of your Breath. Rebirthing Breathwork is a powerful transformative conscious energy breathing technique. It is the most powerful tool for releasing old trauma, conditioning and negative patterns that we have ever found.

Please bring a water bottle and a sarong to cover yourself if you have one. Be sure to wear loose clothing, nothing tight around the chest area, so breathing is effortless. Come well rested and PLEASE ARRIVE ON TIME to save your spot as we will have a limited amount of people.

This is a free event, donations are welcomed. We love to share the power of Rebirthing Breathwork with as many people as possible.

With much Love

Edward, Gal & Prema

Organizer: Prema Julia

Contact: +66 639 125 402 - [info@freedom-breath.com](mailto:info@freedom-breath.com)

More info:

<https://www.facebook.com/events/2228274184152318/>

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